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Hazard of medicinal plants used in period of pregnancy and breast feeding

Abstract:

This thesis is a review of safety data of substances of natural origin used during pregnancy and lactation. Information was taken from sources published between 1970 – 2010, especially from the database PubMed, drugsafetysite.com, and from publications in The Essential Guide To Herbal Safety and *Léčiva v těhotenství - vliv léků a vitamínů na zdravý vývoj plodu*. Absolutely contraindicated drugs found were *Arnicae flos*, *Absinthii herba* and *Boldo folium*. The paper also briefly discussed the inappropriateness of substance abuse during pregnancy and lactation. The issue of safety for pregnant women has not been clearly answered among other plants such as *Rubi idei folium*, *Leonuri cardiaca herba*, *Ginkgo folium*, *Angelicae sinensis radix* or *Andrographis paniculatae herba*. The work also included an overview of positive and harmful effects of vitamins and minerals in pregnancy.

Keywords: pregnancy, medicinal plants, drug, contraindications